



King Size

PLUS NEWS

Magazine of the National Federation of Eighteen Plus Groups
Winter 2005

WASH Comes of Age



The 21st visit to Searles in Hunstanton: amidst a flurry of live performances and team games, the fancy dress theme of "Uniforms" allows for pretty much anything

Up, up and away



A new dawn



Ouzo's harem



TV themes tested



National Chairman's Bitz

Dear Members,

In previous reports I have told you of each activity I have attended in some detail, however this time I shall just let you know that I have attended at least one group night from each Area during my term, have attended at least one dance in each Area, and that includes Northern Area whose Christmas Dance was excellent.

This issue is really to ask you and your groups to do their hardest to attend this year's ANC; this will be THE most important one which the Federation has ever put on, as this will decide how we shape the future. I do feel we have a future and that the hard work displayed by the NEC and that of Huw Morris and his team have been a testament to how much we all want to see this organisation succeed.

I have been in 18 Plus for 20 years and have enjoyed every last minute of it, at times it has been hard work but I will say this, the work is as

hard as you make it. I have met so many people and made lots of friends, and would never have moved down South if it was not for 18 Plus!



I ask all you members to take a look at what makes this Federation great, and then take that pride and turn it into new members, as the only way we will survive will be the groups and existing members going out and recruiting. We also need to retain members that drift off for whatever reason.

This is a friendly organisation so join me at the ANC to build this Federation further with your group's vote. If your group has funding problems to get delegates then ask your local council and / or your Area committee, we need every group there to represent your interests.

See you all at Brean and have fun out there.

Regards

Wayne

Editor's Column

I have faced an unusual problem editing this particular issue of Plus News, that of having so many articles it has been almost impossible to fit everything in! It has been a real challenge, but hopefully I've got away without under-representing anybody (and apologies to anybody who feels otherwise)! A hearty thank you to everyone who has sent emails, pictures, and postal articles, and please – as always – continue to keep them coming.

One reason for the fullness of this issue is due to the delay in its completion. This was in order to coincide with the latest NEC meeting and subsequent release of the restructuring proposals which will be voted on at the ANC. Please don't skip over Wayne's Business Page, and please do your best to attend the ANC as it promises to spring



a few surprises on the unwitting and will be even more interesting if you arrive armed with up to date information on the motions that will be put before you.

Other than that, take a look at the future events offered, have a chuckle (hopefully), keep your pen and camera handy and above all, HAVE FUN!!

Ian Crawshaw
Editor
plusnews@18plus.org.uk

Contributions to this issue have come from Adrian Barnard, Brian Taylor, Chris Porter, Christine George, David Rogers, Francis Wallington, Gary Schwimmer, Janice Crothers, Jarrett Smith, Kirsty van Lieshout, Lara Collins, Lara Mellor, Lucy Smith, Mark Hewson, Tina Bunyan, Tom Seddon, Wayne Fenton

So'ton Friends Cowboys & Indians Birthday Party

Although the party clashed with a Plus Affair (Ali and Chris from Fareham got hitched; congratz guys!) we had a fun time!

It was a bit difficult to find, but Hythe Sailing club is a great Party Venue! The first floor overlooks the water from the balcony (with personalised wooden planks) with space enough for all our weird and great games. Even the bar manager participated and won a certificate!

Winners of the evening:

- Mat (Halesowen) won the 2004 Party Competition in the category Spijkerpoepen.
- Kat won the 2004 Party Competition in the category Eeyore.



- Ian & Kath won the Competition in the category Golf Ball Dance.

- Team Potato won in the category Hubba Bubba.

- Kirsty won in the category Limbo.

- Jon won in the category Best Cowperson.

- Ian won in the category Most Authentic.

- Kat won in the category Best Dressed (and only) Indian.

Hope you will all defend your title next year!

Kirsty van Lieshout
So'ton Friends

Southern Area Chess

An entertaining December afternoon at Adrian and Tina's house saw six of us (Dave, Lionel, Huw, Adrian, Chris, and yours truly) compete in a "round-robin" tournament.

Chocolate and tea helped the day along, and one of the most bizarre final positions ever was witnessed as each of Huw's pieces was either directly involved in the checkmate of Chris, or had not moved from its starting position!

In the end I fell to a "sucker punch" from Huw, the eventual winner. Adrian had to call up the

stairs to stop Tina reprinting last year's certificate 😊



(Brentwood)

Ian Crawshaw

Good to see 3 Areas represented and all enjoy a lot of lively banter, which I am sure was amusing regardless of one's ability at the game itself!

Results

- 1st Huw Morris (Oxford)
- 2nd Ian Crawshaw (Hounslow)
- 3rd Chris Porter

WASH 2004 – You made it a Great Success!



really good weekend. If anyone can offer any support or help to Chris Page or Lara I would imagine they will snap your arms off. From personal experience it is a hell of a lot of work – but well worth it.

See you soon

Hi all,

Hope you are all feeling as rough as I am!

Just to say a huge 'Thank You' to all 378 who came. Hope you will agree with us that this year was something special. We had 5 acts who we would happily re-book again at sometime in the future. The quiz was great as usual and well done to the WASH W***kers who were magnificent in third place.

The half board is well attended and was blooming nice, fancy dress seemed to go down a storm, the atmosphere was lovely and I even took part in bingo for the first time in my life (I think having the word 'booooozy' tempted me a little bit)!

One of the biggest compliments to you all was paid by the lead singer of Evolution. He said that the last couple of gigs he did were ruined by fighting. He could not believe that 400 people can get on so well and have such a brilliant time, so THANK YOU.

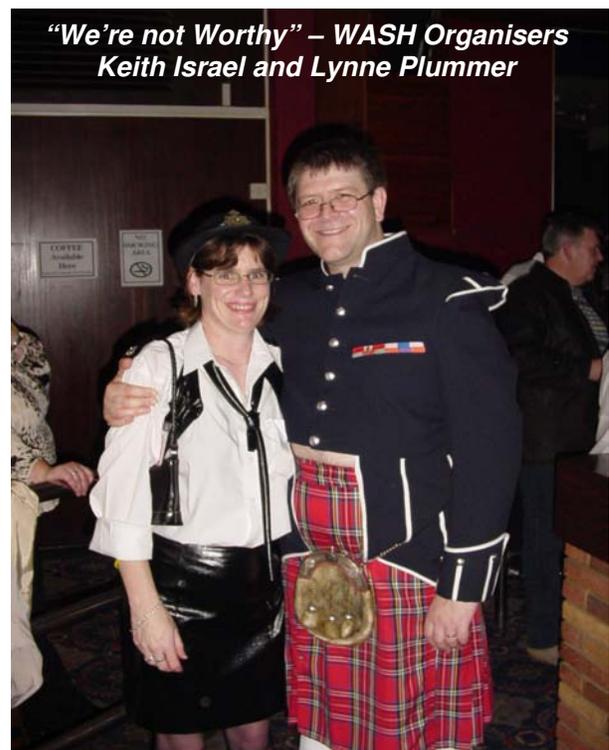
We are working on plans for this year already. We had a meeting with Searles when we handed them a rather large cheque and they were well happy with us. They really love having us and look forward to our return in 2005.

THE DATE FOR WASH 2005 is 4TH – 7TH NOVEMBER.

If you had a great time at WASH go to Brean in March. It's a lovely part of the country and is a



Paul Catterwell
WASH 2004 Booking Officer



National Gliding (or “The Return of El Presidente”)

My first and only National event, and it was a wonderful success! Well nobody died! the weather was fantastic and the gliding staff told me it would be great for thermals, I was more comfy in t-shirt and shorts though. As we arrived, most of those attending decided to keep up that great Plus tradition of deciding only then to actually participate. The gliding staff gave us a telling off as an airfield buggy was taken for a joy ride and nearly turned over at high speed (there's always one isn't there (oh yeah that was me)). And so to the gliding, WOW you're catapulted into the air 0-60 in 2.5 seconds, faster than an Exocet love missile, quicker than I could say "vertigo"! Of course I nearly messed up before we got started, the instructor said to copy him in putting on the parachute - it wasn't exactly the same and I grabbed hold of the 'red' handle and



started to pull! "NO NO" screamed the instructor before it nearly deployed as I stood there.

Everybody was after the red Ferrari like glider and its performance seemed to merit it. Looking down from 2000ft was exhilarating (well would have been if I hadn't been praying at the time) and a natural laxative. Everyone loved it and everybody wanted to go again and

again. Afterwards a good meal and drink ended a good day. The location was chosen to be central for the Federation, and it would have been nice to have seen more areas and groups there! Big thanks to El-Presidente and Chris Myers for their help, on a great fun day!

Brian Taylor

South Bucks will be running National Badminton again this year. Here are the rough details. There is still quite a lot to finalise. Full details will be given nearer the time.

Date: Saturday
26th Feb
Time: 1:30pm for 2
Venue: Magnet
Leisure Centre
Maidenhead
(same place as last year)
Cost: Approx £6
(to be finalised)

There have been several suggestions put forward as to how to run the mens' competition so that the games are more even. We are looking into all possibilities and hope to do something to help this situation.



In the evening we will be having a buffet at the Rose pub in Maidenhead, aimed to coincide with the end of the badminton. Further details to follow. Anyone wishing to attend this is welcome

even if badminton is not your scene.

The badminton will be a members only event due to insurance.

Further details to follow.

Cheers
Lara (Chair South Bucks)

Pefkos Eclipses the rest for Plus Parties

What a perfect start to the Greek Holiday! The hotel was luxurious, the bathroom floor was heated, the barman abseiled up and down the floor-to-ceiling wine rack to pick your chosen vintage, and I even got to watch Match of the Day. There was one problem though. We were at the Stansted Radisson.

Yes, a 17 hour flight delay was not part of the plan, but amazingly I worked out that we probably didn't miss any beach time at all. What struck me was how composed everyone was as we stood in another hour long queue "Ok well we'll get there tomorrow I suppose" - how very English.

Once in Greece though all thoughts of brake failure melted away. The hotel was right on the beach. It was sunny all week, and come evening we sat down to our first half board meal. Unfortunately, pudding consisted of half a peach. With no cream. Not to worry though, the next night it was half an apple.

Pefkos itself is the nicest resort on Rhodes, and in the end we made use of its wonderful tavernas. The beautiful bays of Lindos were only a short taxi away, and the dazzling lights of Faliraki a bit further on. Incidentally, our rep told us that many of the scenes on the "Holiday Reps" programme last year that so damaged Faliraki's quaint reputation were staged by the producers!



Even I am seduced by marketing from time to time, however much I like to think I'm not. So "Butterfly Valley" seemed perfect. Unfortunately, by late September most had gone. We probably saw about five.

Nevertheless there was the chance to scare Suzy by taking her through the world's darkest and most claustrophobic underground tunnel with icy water flowing at our feet with her echoing screams only enhancing the eeriness.

As one of the best ever 18 Plus holidays abroad came to a close, I couldn't help listening for any strange noise on the plane. This time it was fine, but the food - ough! They must have used our hotel chef!



The Hotel Illyision in Pefkos, Rhodes

Tom Seddon
18 Plus Holiday Organiser

Mike Shapcott & I played tennis in 100 degrees heat for 3 hard sets then 2 days later he was so dehydrated he could not eat for a day & 24 hours later the same happened to me. That was why Richard Johnson described our karaoke performance as "terrible". Nothing to do with lack of talent... [Mad...!! - Ed]

Gary Schwimmer

Greek Night and Papa Ouzo

Well this for me was the favourite night out with everyone.

On arrival at the taverna we were greeted by the Greek dancers, had our photos taken and were given an ouzo once everyone was sat down. The entertainment began on our tables with the free flowing wine and it certainly was going down well being as we were all on one long table. Our rep



Papa Ouzo – a hit with girls and boys alike

never seemed to stop refilling our wine. The Greek dancing started and this also involved many of us joining in which was fun. In between the show was our meal, a very nice Meze of different Greek dishes, and more wine of course. Then we watched the Greek dancers on their own whilst finishing our meal. Then we were introduced to Papa Ouzo – well he was certainly a character in his 80s and in great form, he came round to our tables with glass of wine in one hand and ouzo in the other and he stood and shouted

Yamas and got us to say it back. He then did some dancing and entertained us by balancing a woman on his shoulders, we all said it's the ouzo that keeps him going! We all got to have our photo taken with him and he certainly liked the girls. It was then time to do some more Greek dancing with a few breaks to have some wine before we had to head back to our coach.

But the fun didn't end there, we had a sing song



with many funny and silly songs, then most of us got back to our hotel where they had a karaoke on so we joined in and it became much livelier especially with all the wine we had drunk. We all made sure we ended the evening as a night to remember.

YAMAS!

Lucy Smith
North Thames & Chiltern Area

The 8th National Plus Holiday

Join us from **Saturday 17 to Saturday 24 September** – this time to Es Cana on the sunshine island of Ibiza. As always there will be a great 18 Plus atmosphere, especially on the evening out when we normally take up half the coach!

The resort is colourful with deep blue seas, pine forests and sandy beaches, all set against a backdrop of pine clad hills. There's a good selection of bars, cafes and restaurants particularly on the seafront, and there is plenty going on after dark. We are staying at the self-catering Miami



Apartments which are right on the beach and have recently undergone refurbishment.

Flights are available from Gatwick, Luton, Stansted, Birmingham and Manchester. The total fee will not exceed £395 which includes flights, transfers, accommodation, and insurance. A small refund may be made afterwards.

Further information from Tom Seddon on 01462 680 401. To book, please send £100 deposit to Tom at 73 Kyrkeby, Letchworth, Herts SG6 3EN.

The Business Page

As promised your NEC and work group have now drawn up three proposals for the group delegates to approve one of, at the ANC 2005. This is going to be one of the most important conferences as it was agreed that one of these must go forward with no status quo. You should have received the full documentation for each option which has gone out to every member of the Federation, so that you can make your own opinion before advising your delegates on which to vote for.



Changing times are ahead for 18 Plus

The voting system for this will be explained at the ANC. A new constitution will be written around the option adopted.

I would like to take this opportunity to thank all those that have contributed towards these proposals.

National Lead Option – Bullet Points

General

- Retain a National, Area and Group Structure
- Open age range
- Revised membership fee structure
- Total number of required committee posts halved
- Salaried staff reduced
- Accommodation and operating costs aligned with affordability
- Constitutional changes at ANC require a 66.6% majority
- Web-Manager introduced
- NEC empowered to manage Federation finances

Area Tier

- Single Area representative with optional deputy
- No Area committee
- Area funds distributed to Groups on a per capita basis.

Group Tier

- Group Representative and Group Treasurer are the only mandatory positions
- Committee one year terms of office
- Members able to elect a structure that fits individual Group's needs
- Significantly reduced Affiliation fees

Area Lead Option – Bullet Points

General

- Keep the National > Area > Group hierarchy
- Keep the age range unchanged

- Devolve power and responsibilities to the Areas
- Reduce operating costs of the Federation to the bare minimum
- All monies to remain in their current accounts at all levels
- Increase use of the Internet for administration, organisation and publicity

National Tier

- Reduced powers, responsibilities and costs
- No maximum terms of office, except for the Treasurer
- Only Area Representatives to have a vote
- No Annual National Conference

Area Tier

- Increased power and responsibilities
- No maximum terms of office, except for the Treasurer
- Keeps membership records and issues membership cards

Group Tier

- No levies or affiliation costs
- Terms of office of one year
- No maximum terms of office, except for the Treasurer

Office

- Closed
- Staff given redundancy or retirement

Member Lead Option – Bullet Points

General

- Open age range
- Revised membership fee structure
- Membership incentive schemes
- One member one vote at ANC
- Federation of members (not member groups)

National Tier

- National Executive Committee elected at ANC
- National Project Officers elected at ANC
- NEC greater authority to manage Federation finances

Area Tier

- Area closed and funds returned to National

Group Tier

- Groups are optional
- Existing groups remain, however they are no longer formally part of the Federation structure

Office

- Reduced to one member of staff

North Thames & Chiltern Area Quiz

An entertaining 8 rounder took place on a cold November night, featuring several TV Theme based rounds as well as sport, names, and general trivia. We were warmed by a massive order of 20+ pizzas at half time. Dunstable's mascot lost its head after a poor performance in the "Joker" round. Hounslow came 3rd as



Stevenage were runners-up and Hillingdon walked away the winners with a very large haul of alcohol-based treats! Well done to Colin and Tracy for a well organised and fun event.

Ian Crawshaw

Peter Hawkins

Yesterday I had a lady come in who was a former 18 Plus member (from many years back) and has been living in Newent for about the last 30 years, to say that her husband passed away recently (15th October at home).

This gentleman was Peter Hawkins, also a former 18 Plus member and one of our regular printing customers. He used to call into the Office from time to time to get some photocopies and also catch up on the Federation.

He was aged 71 years and during his time with Plus was instrumental in being one of the members to help set up Bromley Group, Sevenoaks Group and Tunbridge Wells Group. He leaves a wife – Betty (nee Neville-Bridge) – and they met at an 18 Plus debating event at Bromley Group – got together again at 18 Plus meetings and eventually married. He leaves a son and daughter, both grown up (in their 30s) and living away from Newent.

Christine George
National 18 Plus Office

SA Calendar 2005

Adrian has made a very professional Southern Area calendar, with interesting pictures of various people at various 18 Plus events during the year.

Anyone wishing to purchase one, they cost £5 each (not including P&P) and can be ordered from Adrian or Tina on 01235 810361, Adrian.Barnard@jet.uk or tina.bunyan@btopenworld.com

Tina Bunyan (SA Chairwoman)

[Each month features a Plus-related picture and looks similar to January, which is shown opposite – Ed]

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<http://www.18plus.org.uk/>
Email: adrian.barnard1@btinternet.com



Live life to the full

Top class forming up top, Belgium.

Southern Area 18+

JANUARY 2005

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



National Karting



Richard Morton of So'ton Friends reigned supreme, closely followed by Adrian Barnard of Didcot and Richard Yeo of Andover.

Halloween Dance boosts local charity

Hounslow Plus's annual fancy dress disco was once again a great success with fellow Plussers travelling down from as far afield as Oxford and Dunstable to join in the fun.



Members from other groups are always welcome – why not come down to the White Bear pub on Kingsley Road, Hounslow (near Hounslow East tube) on any Tuesday evening from 9.30pm – we look forward to

Every year Hounslow Plus donates money raised from its raffle to a local charity and this year we chose the Shooting Star appeal, which is involved in building a hospice in Hampton for terminally ill children.

meeting you.

David Rogers
Hounslow Plus

From boating to the ANC

Did you know that Eighteen Plus Groups and delegates can be subsidised in participating at the ANC? This can be done by contacting the Youth Services department of your local Metropolitan Borough Council or County Council and asking about assistance for community groups and youth groups.

Groups and members have had access to outdoor adventure facilities, minibuses and narrowboats. For more information contact Francis Wallington or your Area Chairman.



BREAN 2005

Brean Leisure Park



Brean Sands
Its 5th YEAR
Weston-s-Mare

Friday 18th to Monday 21st March 2004

Only £ 49.50

2004 - If you did not go, what you missed

2005 - WHAT WE HAVE IN STORE FOR YOU

Real Ale Trip Mayhem (It wasn't easy being Green) Pegging, The Karaoke Competitions, Kite Flying, An Unbelievable Atmosphere, Excellent Bands and much more fund.....

Bands, Top Class Accommodation, Top DJ, RAW Talent Show, The Real Ale Trip, Quiz by Mark Hewson. Also being arranged HAPPY HOUR (prov)

BOOK EARLY & BOOK NOW

If you enjoyed 2004 then tell everyone not to miss 2005

£19.50 - Deposit Due: 1st February 2005
£30.00 - Balance Due: 1st March 2005

CONTACT THE ORGANISER

Lara Collins & Chris Page

Tel: 01708 740 154 Mobile: 07949 519915

Email: lalacollins@hotmail.com



National Archive

For several years I have ignored the fact that we as an organisation have an archive. It is something that I walked past when going for training materials in the depths of the Newent cellar. Dreams of skips and bonfires forced me to ask about removing the archive to a safer place. How are we to remember and recognise the achievements of members from 1942 onwards that helped make this organisation?

Watching Clare Collins and Karen Cooke of Gloucester Record Office get excited over records from our foundation onwards including a photograph of the 1962 opening of Birmingham South and a cine film of the 1977 Tomlin trophy was humbling. We explored some fifty boxes of

National, group records and personal mementoes of Linda Street. Such items will be transported to Gloucester Record Office for cataloguing and safekeeping.

Francis Wallington (National Training Officer)

NGOOT 2005

Friday 29th April – Monday 2nd May 2005

£35 is the bargain price for 4 days and 3 nights of an action packed weekend, with 3 full English breakfasts (including cereals) and two days' main meals included!

NGOOT is the weekend of physical and mental challenges for teams of 4. It will follow the successful format developed recently. Activities start on Saturday morning, and continue until lunchtime on Monday.

We have the use of significant facilities, indoors and out, at lower than Scout group prices.

On the Friday night the intention is that you turn up and have a drink at the local pub. No formal activities have been organised, thus arriving at 11pm is acceptable.

Teams must consist of 4 members of the federation with each team consisting of at least one male and one female. Teams can be any mix of full and associate members, and can consist of members from one or more groups. There is also a cost of £5 per team.

Should you not be able to form a complete team, please contact the Booking Agent who

may be able to put you in contact with other members / teams in a similar situation.

Cooked food is also being arranged for 3 breakfasts and Saturday evening. There is, unfortunately no alternative café etc. Those wishing to self cater for lunches and dinners are welcome to bring their own food and use the facilities provided.

Suitable pub stops will be organised for Saturday and Sunday lunchtimes.

A Saturday evening "Party" is being organised. There is no bar on site, however you are welcome (encouraged) to bring your own liquid refreshment.

If you require additional information then contact the Organiser, details in the National Directory under "Discussion List Co-ordinator".

Full information, including a booking form, may also be found on the Internet at:-

<http://www.18plus.org.uk/national-activities/ngoot/>

Jarrett Smith

Tracey Mills

I am still in shock at the news of Tracey Mills' death from meningitis on Thursday (20th January 2005). Tracey was younger than I am. People I have known who have died have been older than me and have had cancer.

My memory of Tracey is of a friendly girl who seemed not to know what she wanted from life but was always willing to have a chat. As a mother myself my heart goes out to Tracey's parents, no parent should outlive their child/children.

The meningitis that took Tracey was a particularly virulent strain. As an organisation we should, perhaps, remind ourselves and our members of the signs to look out for.

They are: Headache, vomiting, dislike of bright lights, a high temperature, drowsiness, stiff neck or joints, fitting, and in the event of a rash appearing that DOES NOT disappear when pressed by a glass contact your GP immediately. If your GP is not available go straight to casualty.

The above I took from the meningitis trust website. If in any doubt about any of the symptoms call your GP, surgery, or hospital.

Janice Crothers

[On behalf of its readership Plus News would like to extend its sincere condolences to Tracey's family and friends – Ed]

Coming to an ANC near you...

You might as well be aware about the ANC 2005... It is going to be an important one again this year and Plus needs your support!

We are all going to decide on The Future – Your 18Plus Future! Be there, so you can tell your grand children that you were there when history was made...

Enough of the politics; let's move on to the Fun part!

Did you get your nomination papers in for Best Group Trophy, Recruitment Trophy, Charities Trophy, Gold Trail Trophy and Norbury Trophy? Good! We will all be cheering you on at the Plustars on the ANC Saturday Evening!

What are the Plustars, you might ask... Well, as you know in previous years all the Trophies were rewarded on the ANC Sunday afternoon, but this year we are going to take a different approach. Plustars is the new, funky and fun way to present the National Trophies and more!

More, you ask? Yep; we need you and your Group to nominate people (who can be in your own Group or in a different one) for the following Plustars:

Plustars

- Greatest 18Plustar Don Juan
- Greatest 18Plustar Femme Fatale
- Biggest 18Plustar Pisshead
- Best 18Plustar Time Keeper
- Most Eccentric 18Plustar
- ??

Nomination forms can be found on the National Website under ANC or send us an email and we'll send it to you! Please send your nominations, with reasons why and photo / video evidence in ASAP and we'll promise you a night full of fun entertainment!

Any questions? Drop us a line!

Kirsty van Lieshout
Chair ANC 2005

Other Forthcoming Events 2005



Sat 26 th Feb	National: Badminton, Maidenhead. Hosted by South Bucks
Sat 5 th Mar	Southern: Hedgehop
Sat 12 th Mar	East Anglia: Night at the dogs, Romford
Sun 13 th Mar	Midland / Northern: Pre-ANC Training, Brownhills, Walsall
Fri 18 th – Mon 21 st Mar	National: Brean Sands Holiday
Sun 3 rd Apr	North Thames & Chiltern: Laser Challenge
Sun 3 rd Apr	East Anglia: Pre-ANC Training, Romford
Sat 9 th Apr	East Anglia: Dinner dance, Purfleet
Fri 17 th – Sun 19 th Apr	National: Annual National Conference, Coventry
Fri 29 th Apr – 2 nd May	National: Now Get Out Of That (hosted by Southern)
Sat 7 th May	East Anglia: Casino night
Sat 14 th May	North Thames & Chiltern: Area Dance
Sat 21 st May	National: Football and Dance. Hosted by Slough Windsor & Eton Group
Fri 27 th – Mon 30 th May	Southern: White Water Rafting
Fri 17 th – Sun 19 th Jun	National: SADY (formerly TAG); Dalesbridge, Yorkshire
Sat 2 nd Jul	National: Treasure Hunt, Birmingham. Hosted by Black Country Group
Sat 17 th – Sat 24 th Sep	National: Holiday Abroad, Es Cana, Ibiza
Fri 4 th – Mon 7 th Nov	National: WASH, Hunstanton

More information on these and other events may be found on the World Wide Web at www.18plus.org.uk

PLUS NEWS is edited by Ian Crawshaw. Please email articles, programmes and comments to him at plusnews@18plus.org.uk or 17 Maurier Close, Northolt, Middlesex UB5 5JY. Please note that pictures can only be used if sent electronically.

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